




**YORKLANDS GREEN HUB**  
Opening green doors to the future.



Welcome to the Yorklands community update!


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### **Yorklands Community Update: September 5, 2025**



The YGH is jam packed with events and activities for the coming month, making it a September to remember. Here's what's happening:

 Arboretum Expo - Sept 6 - Head on over to the University of Guelph's Arboretum for a family-friendly event, featuring plant sales, nature hikes, workshops, live music, and so much more.



  #GuelphGreenReads Book Club Panel Discussion: Join Yorklands Green Hub on Sept. 11 for a thought-provoking panel discussion featuring several community environmental advocates at the Guelph Public Library.

 Guelph's National Forest Week Schedule: Learn more about the National Forest Week events taking place from Sept 21-27 across Guelph. Don't miss out on all these incredible opportunities!

  Guided Forest Therapy Walk - Sept 22 - Register and participate in a guided walk around the Yorklands site and experience the powerful benefits of forest therapy.

  Q&A with Dr. Nadina Galle - Sept. 23 - Conclude the #GuelphGreenReads summer book club by attending a live Q&A featuring Dr. Nadina Galle's *The Nature of*

*Our Cities*, now taking place at the University of Guelph's Arboretum. More info below!

  Request for Testimonials - Let us know how Yorklands has touched your life by filling out our testimonial form. It only takes 60 seconds...or less!

Thank you for being part of our growing community,

The Yorklands Team

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# Arboretum Expo

Tree Day & Plant Sale

Saturday, Sept. 6, 10am – 3pm

20  
25

## Join Us!

A family-friendly event to support The Arboretum's mission to conserve biodiversity and connect people to nature through research, teaching, and community outreach.

### Event Features:

- Nature Hikes and Guided Tours
- Workshops
- Family-Friendly Activities
- Live Music
- Food Trucks
- Community Booths and U of G Campus Groups



Conservation of Biodiversity

Education and Research

Community Connection



<https://uoguel.ph/arbexoplantsale>

Join Yorklands Green Hub at the Arboretum Expo on Saturday, September 6, 2025 at the University of Guelph Arboretum!

This annual community event is a celebration of nature, learning, and local action, with dozens of organizations and activities for all ages. Be sure to stop by our table to connect with us and learn more about our programs and vision for a sustainable future.

 **Event Information:** <https://arboretum.uoguelph.ca/education-events/ArbExpo>

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# #GuelphGreenReads

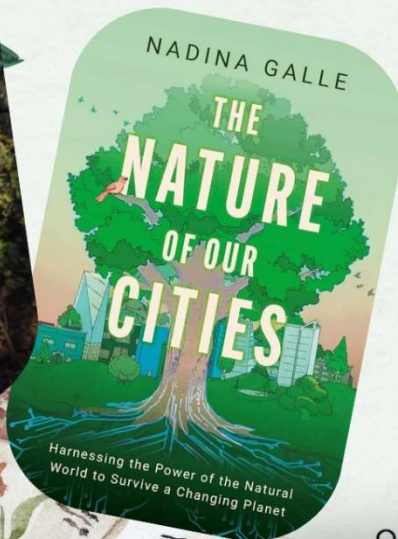
## Book Club Panel Discussion

September 11  
Thursday

7:00–8:30 PM

Guelph Public Library – Main Branch  
(100 Norfolk St.)

Join us!



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  #GuelphGreenReads Book Club Panel Discussion

Join Yorklands Green Hub for a thought-provoking panel discussion inspired by *The Nature of Our Cities* by Dr. Nadina Galle. Explore how technology and ecology intersect in shaping the future of urban sustainability.

Moderated by long-time heritage advocate Susan Ratcliffe, this engaging evening will feature insights from:


- Steve Yessie, City of Guelph Water Conservation
- Dave Beaton, City of Guelph Forestry
- Abigail Walton, Youth Climate Leader
- Steve Hill, Dougan Ecology

Bring your questions, reflections, and curiosity as we discuss smart cities, resilient ecosystems, and how we can all play a part in building greener communities.

**Free and open to the public!**

 **Date:** Thursday, September 11 | 7:00–8:30 PM

 **Location:** Guelph Public Library – Main Branch (100 Norfolk St.)

 **Register Here:** <https://www.eventbrite.ca/e/guelphgreenreads-book-club-panel-discussion-tickets-1514094680949?aff=oddtcreator>

Presented as part of the #GuelphGreenReads book club, in partnership with Yorklands Green Hub, the Guelph Public Library, the Arboretum, Pollination Guelph, Bookshelf, GUFF and more.

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# NATIONAL FOREST WEEK 2025

SCHEDULE OF EVENTS IN GUELPH  
SEPTEMBER 21 - 27

ROOTS OF  
RESILIENCE: FROM  
SEED TO CANOPY

**SUNDAY**  
**21** **NEIGHBOURHOOD FOREST TREE WALK**  
Immerse yourself in our urban Preservation Park forest on a guided native tree walk. Led by tree experts from Guelph Tree Trust, Nature Guelph & Reep Green Solutions  
**1:00 PM TO 2:30 PM**  
**REGISTRATION REQUIRED**

**MONDAY**  
**22** **FOREST BATHING AT THE YORKLANDS**  
Giulia Pozzi will lead participants on a forest bathing walk through the Yorklands, using their senses to have a deeper experience in nature.  
**10:00 AM - 12:00 PM**  
**\$20 SUGGESTED DONATION**  
**REGISTRATION REQUIRED**

**MONDAY - SATURDAY**  
**22-27** **ROOTS AND RENEWAL: FOREST WEEK AT IGNATIUS**  
A week-long celebration of land, learning, and community including workshops, speakers, forest and sustainable farm tours, kids' activities, music and more.  
**REGISTRATION REQUIRED**

**TUESDAY**  
**23** **FOREST HISTORY OF VICTORIA WOODS**  
Join us for an afternoon tour of The Arboretum's Victoria Woods with Terry Schwann who will talk about the long history of this woodlot.  
**1:30 PM TO 3:00 PM -**  
**REGISTRATION REQUIRED**

**"THE NATURE OF OUR CITIES" Q&A WITH DR. NADINA GALLE, AUTHOR**  
Join us at the Arboretum for an exclusive Q&A with Dr. Nadina Galle, as we wrap up our #GuelphGreenReads summer book club!  
**7:00 PM TO 8:30 PM AT ARBORETUM CENTRE**  
**REGISTRATION REQUIRED**

**WEDNESDAY**  
**24** **NOON HOUR WALK: ALL ABOUT SEEDS**  
Join us at the Arboretum for an engaging noon-hour walk celebrating seeds!  
**1:00 PM TO 2:30 PM**  
**MEET AT HALES-MCKAY SHELTER NEAR PARKING LOT AT ARBORETUM**

**"NATURE'S BEST HOPE" DOUG TALLAMY**  
Join us to learn from Doug Tallamy as he presents his vision for a Homegrown National Park; a network of habitats to connect natural areas and support native plants and animals.  
**7:00 PM DOORS OPEN 7:30 PM START, \$10 IN PERSON (ARBORETUM CENTRE) AND ONLINE**  
**REGISTRATION REQUIRED**

**THURSDAY**  
**25** **TREE BINGO**  
Green Drinks Guelph and Nature Guelph invite you to an evening of fun facts playing forest bingo at the Red Chevron Club. Cash Bar, prizes  
**7:30 PM**  
**RED CHEVRON CLUB, 34 ELIZABETH ST**

**SATURDAY**  
**27** **CN ECOCONNEXIONS COMMUNITY PLANTING**  
Join us for naturalization planting with native trees and shrubs! We'll demonstrate proper techniques and answer any planting questions you have. Sturdy footwear and gloves are recommended.  
**9:30 PM TO 12:00 PM**  
**GRANGE ROAD PARK NATURAL AREA**  
**598 GRANGE RD.**

**TALKING ABOUT TREES**  
Join us for a family event at Enabling Garden and meet *The Superhero for Trees!* Hear a story about the magic of the Ash and enjoy an art activity. Adults bring a chair.  
**10:30 AM TO 11:30 AM**  
**ENABLING GARDEN, RIVERSIDE PARK. IF RAINING MEET UNDER THE PICNIC SHELTER.**



**FOR MORE INFO OR TO REGISTER, SCAN QR CODE OR VISIT: [GUFFGUELPH.CA/EVENTS/](https://guffguelph.ca/events/)**



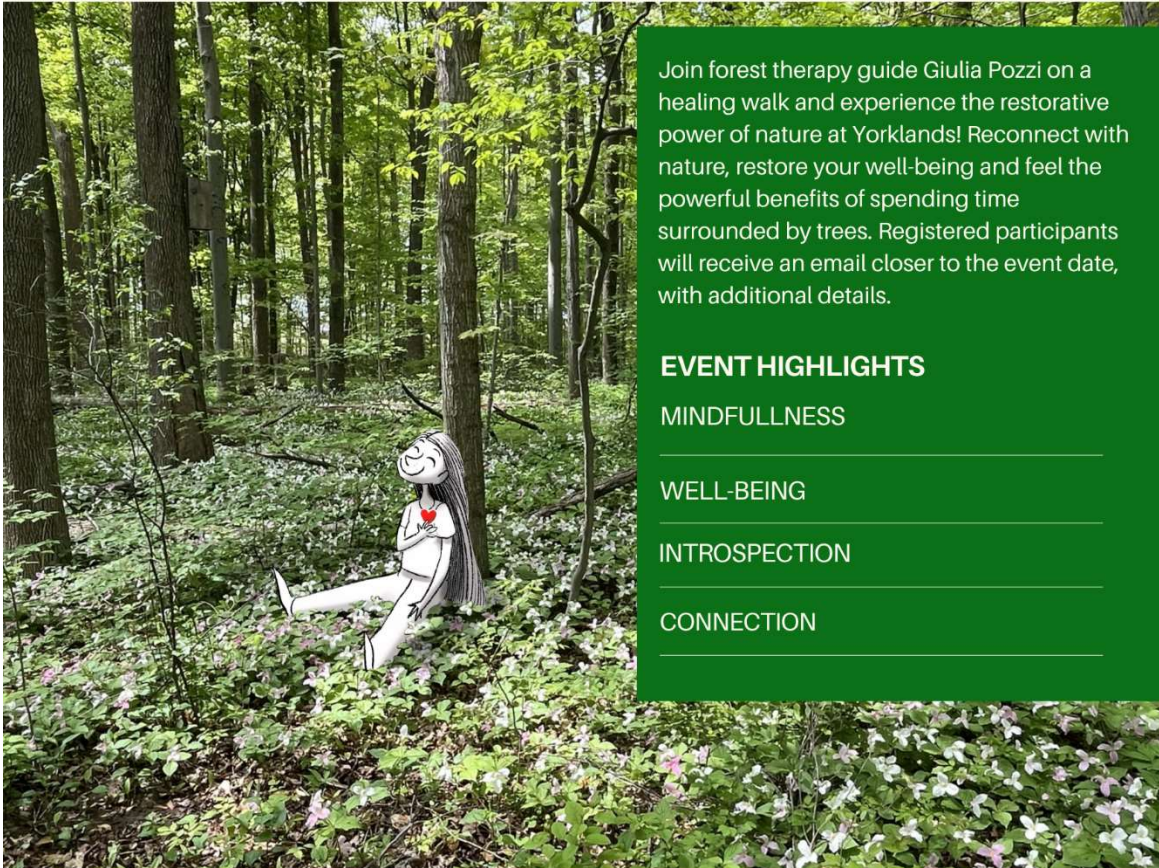
The YGH is pleased to share with you Guelph's very own event schedule for National Forest Week. As a collaborative effort with several community partners, we look forward to the opportunities during the week to connect, learn, and celebrate the natural world that surrounds us.

If you're interested in any of the events, be sure to click the link below, as many of them require registration.

**Guelph's Forest Week Information**  <https://guffguelph.ca/events>

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# Guided Forest Therapy Walk



Join forest therapy guide Giulia Pozzi on a healing walk and experience the restorative power of nature at Yorklands! Reconnect with nature, restore your well-being and feel the powerful benefits of spending time surrounded by trees. Registered participants will receive an email closer to the event date, with additional details.

## EVENT HIGHLIGHTS

MINDFULNESS

WELL-BEING

INTROSPECTION

CONNECTION

## SEPT 22: 10AM-12PM

LOCATION: MAIN GATES, 785 YORK RD. (BUS ROUTE #4)

*Tickets: <https://foresttherapywalkyorklands.eventbrite.ca>*

### **\$20 DONATIONS ARE ENCOURAGED**

Donations can be made on our website or using cash person

To donate online: <https://yorklandsgreenhub.ca/donate/>



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## Guided Forest Therapy Walk

To celebrate National Forest Week, Yorklands is hosting a guided forest therapy walk led by Giulia Pozzi, a certified forest therapy guide!

Also known as forest bathing, forest therapy is a wellness practice that encourages participants to engage with their senses and reconnect with nature. Originating from Japan in the 1980s, several studies now affirm some of the benefits of regular forest therapy, including a reduction in stress levels and increased well-being.

**During the walk along the Yorklands, Giulia will guide participants through a series of restorative, mindful invitations to slow down and interact with the forest in new, playful ways.**


### **What to expect:**


- Gentle, flexible invitations to inspire you to engage with the natural world
- Moments of optional sharing as a group
- Tea under the canopy at the end

**20-dollar donations are encouraged for event participants, who have the option to donate either online or in person at the event, using cash.** These donations help YGH continue offering events while supporting our event host. Registered participants will receive an email closer to the event date with additional details.

**To donate online:** <https://yorklandsgreenhub.ca/donate/>

### **Event Details:**

 **Date:** Monday September. 22, 10am-12pm. A rain date is scheduled for Friday September 25 from 10-12pm.

 **Location:** Main Gates, 785 York Rd. (Bus route #4)

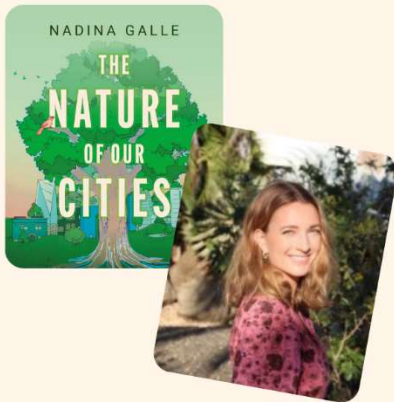
 **Tickets:** <https://foresttherapywalkyorklands.eventbrite.ca>

Disclaimer: Forest therapy is not meant to be taken as group therapy or psychotherapy.



# Q & A With Dr. Nadina Galle

#GUELPH GREEN READS



In celebration of National Forest Week, the Yorklands Green Hub and other local organizations are hosting an exclusive Q&A session, featuring **Dr. Nadina Galle** and her groundbreaking book, *The Nature of Our Cities*.

As part of our summer book club, the Q&A is a perfect opportunity for readers to wrap up their reading and ask the author any follow-up questions they may have!

DAY	TIME	LOCATION
SEPT, 23	7-8:30PM	UNIVERSITY OF GUELPH ARBORETUM

Register Now: <https://ggrqanda.eventbrite.ca>



Guelph Public Library  
Explore • Connect • Thrive



Ontario Trillium Foundation



Fondation Trillium de l'Ontario

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  Q&A with Dr. Nadina Galle

### Join us for the #GuelphGreenReads Finale!


We are pleased to share that the final Q&A with Dr. Nadina Galle, author of *The Nature of Our Cities*, **will now take place in person at the University of Guelph Arboretum.**

This special evening will be a chance to hear directly from Dr. Galle, reflect on the book's ideas, and connect with other readers as we close out this year's #GuelphGreenReads summer book club in the beautiful Arboretum setting.


#### Event Details:


 University of Guelph Arboretum

 Tuesday, September 23, 2025

 7:00 – 8:30 p.m.

We hope you'll join us!

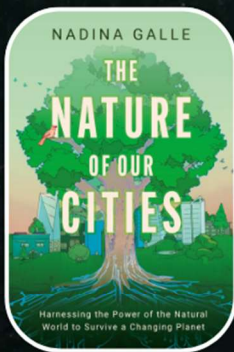
 Copies of *The Nature of Our Cities* are available at [The Guelph Public Library](#) and [The Bookshelf](#).

Tickets below 

[Tickets for Q&A](#)

# SUMMER BOOK CLUB

# G U E L P H G R E E N R E A D S



FOLLOW THE HASHTAG #GUELPHGREENREADS  
AND JOIN OUR COMMUNITY OF READERS THIS  
SUMMER!

■ 🍀 Reading for a Greener Future: #GuelphGreenReads and Our City's Green  
Development Vision 🍀 ■

As we dive into *The Nature of Our Cities* by Dr. Nadina Galle for this season's #GuelphGreenReads, we're also turning a page in Guelph's development story. The city's proposed Green Development Standards (GDS) aim to reduce environmental impact and improve climate resilience in new builds—something Dr. Galle advocates for through the concept of “ecological intelligence” in urban design.

Both the GDS and Galle's work ask the same big question: how can we better integrate technology and nature to create healthier, smarter cities? From green roofs and increased tree canopy targets to smarter stormwater systems, these new standards mirror the forward-thinking ideas explored in our book club. Let's continue reading, reflecting, and shaping a city that grows with nature—not against it.

📖 Join the conversation, and learn more about the GDS here: <https://guelph.ca/city-hall/planning-and-development/green-development-standards/>

#SmartCities #UrbanEcology #GuelphGreenReads #TheNatureOfOurCities  
#GreenDevelopment #EcologicalUrbanism #GuelphPlanning

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# HOW HAS YORKLANDS TOUCHED YOUR LIFE?

*TELL US HOW IN 60 SECONDS! FILL OUT THE  
FORM BELOW*



**YORKLANDS GREEN HUB**  
*Opening green doors to the future.*

If interested, please fill out the form below and share your experiences! Your responses are extremely valuable for the YGH.

Link to the form is here: <https://form-can.keela.co/testimonial-form>



👏🌍 Call for Volunteers!

Want to make meaningful contributions to the community, meet new people, and help cultivate a stronger, more sustainable, and environmentally conscious future for all?

Look no further – **such opportunities are available to YGH volunteers!**

We're currently seeking a volunteer for the Events Coordinator position. Whether you love connecting with the community or organizing communications or events, we'd love to hear from you!

Don't let this opportunity fall away 🍁 ...fall into action and become a YGH volunteer today.

Email us at [info@yorklandsgreenhub.ca](mailto:info@yorklandsgreenhub.ca) to learn more or apply here:  
<https://yorklandsgreenhub.ca/volunteer-form/>.

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SAVE  
THE  
DATE

**DRAW  
THE  
LINE**

**FOR people, peace, & the planet  
AGAINST injustice, pollution, & violence**



**Global Day of Action  
in Guelph**

**Saturday Sept 20  
2025**



**SENIORS  
CLIMATE  
ACTION  
NOW ...  
GUELPH**

📌 Global Day of Action

The Guelph Climate Action Network is preparing for the Global Day of Action on Saturday, September 20. Communities and organizations across Canada will come together to raise awareness of the serious threats posed by climate change and environmental pollution. More details about Guelph's activities will be announced soon.

To stay in the loop about Guelph's Day of Action, check out [the Guelph Climate Action Network website](#).





As we close another chapter at Yorklands Green Hub with the end of Ian and Chloe's contracts, I would like to take a moment to extend my deep appreciation to two truly outstanding members of our team. Both staff members have made remarkable contributions to this organization.

They both have consistently gone above and beyond, demonstrating a passion for their work and an unwavering drive to achieve the best possible outcomes. Through challenges and successes alike, their professionalism and integrity have been

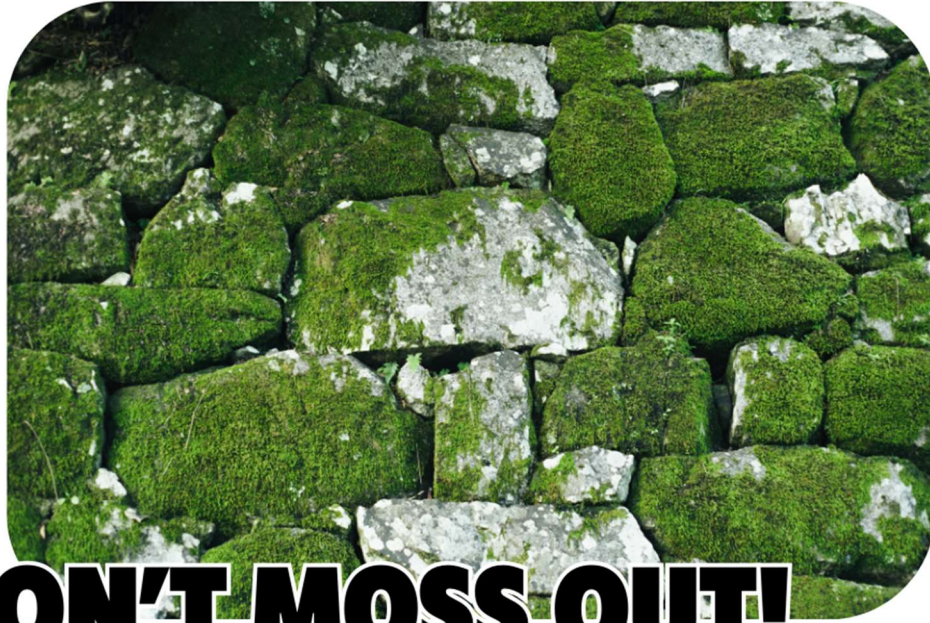
evident in everything they do. Whether it was completing our strategic plan, revamping our education programs, developing policies, enhancing our communication and membership models, recruiting volunteers, or organizing numerous successful events, they have had a significant impact on our organization.

Projects they championed and initiatives they supported will continue to benefit our team long after their departure. Although we will greatly miss their presence, we are excited to see where their talents will take them next.

Ian and Chloe, please accept our deepest thanks for the time, energy, and heart you have invested here. We know that whatever paths you choose, you will continue to excel and make a difference.

Sincerely,  
Lynn Bestari  
YGH Board Chair 🌲

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**DON'T MOSS OUT!**

*Become a member today*

Our members enjoy exclusive rewards and benefits! Walk a mossy path towards a greener future with us by becoming a member today!

**VISIT: [HTTPS://YORKLANDSGREENHUB.CA/BECOME-MEMBER/](https://yorklandsgreenhub.ca/become-member/)**

By now you've heard about the launch of our new membership model, designed to offer enhanced benefits and flexibility to our valued members!

As we continue our mission to promote environmental sustainability and community engagement, we believe that this new model will better serve the diverse needs and interests of our members.

As current memberships expire, we will be gradually transitioning all members to the

new membership model. Rest assured, we will provide ample communication and support throughout this process to ensure a seamless transition for all members.

We invite you to explore our new membership tiers and consider renewing your membership at your preferred level. Your continued support enables us to drive positive change in our community and beyond. For more information about the new membership model or to renew your membership, contact Kim Wakeford at [yghmembershipsecretary@yorklandsgreenhub.ca](mailto:yghmembershipsecretary@yorklandsgreenhub.ca)

A special thank you to our sponsors at the Guelph Museums and The Neighbourhood Group for supporting our membership programs!



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